

SPIRIT PLATE

Every now and then a product comes along that can have a profound effect on your life.

Tesla's newest plate combination is just such a product.

Introducing.....*Spirit Plate*

Our planet is advancing today at such a rapid rate that it is difficult for our human bodies to keep up.

This is causing many of us to experience spiritual and emotional problems resulting in feelings of overwhelm.



The *Spirit Plate* has come into being to help us at this time. It helps to re pattern our energy field and keep us balanced.

This plate was first configured some 15 years ago but did not do what it was first thought it would do at that time.

Now in 2015 the energy shift on the planet is so very intense with many humans unable to cope with those energy shifts.

This particular configuration and treatment of the *Spirit Plate* is very relevant right now as it enables the plate to adapt and bond to its owner (similarly to the way a pendant does) in only 2-4 hours.

Some people can feel it adapting within half an hour of holding it.

Once the *Spirit Plate* has adapted to the owner it cannot be sold or given away to anyone else. It can be handed to others or used to assist others move through their shifts, but the *Spirit Plate* will always belong to or be imprinted with, its original owner

Using The *SPIRIT PLATE* Once It Is Tuned In To You.

The energy of the *Spirit Plate* affects the spin rate of every cell in the body.

There are two ways to use this plate

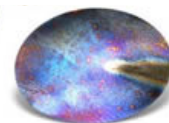
1. **(a)** Hold the plate vertically with the flat side facing the body.

Hold the plate at *heart level* in this manner for 5-7 minutes.



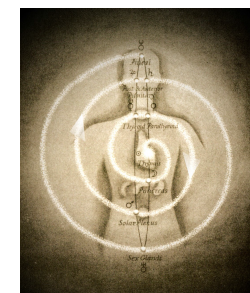
2. **(b)** Hold the plate horizontally with the flat side facing the body.

Hold the plate over the centre of the forehead 5-7 minutes.



2. To move an energy pattern that is not serving you, hold the plate vertically so the flat side faces the body. Starting at the heart, spiral the plate in a clockwise motion outwards and upwards finishing at the forehead.

Do this 7 times.



Using the *Spirit Plate* results in a feeling of calmness, which is what happens when the spirit and the physical body are in alignment.

If worn in a pocket during the day, the *Spirit Plate* may cause the person to rest and make it impossible to push through as we are inclined to do, often to our body's detriment

For Practitioners

The *Spirit Plate* works beautifully in combination with the *Chakra Balancer* to open the correct spin of the Chakras and balance the physical and spiritual, resulting in a well-balanced person.